



***2023 IDEAS FOR
DEPLOYED AMERICAN
TROOPS
FOR THE HOLIDAYS
DATE DATE
NOVEMBER 15, 2023****

Non-Perishable Food

Jerky and Slim Jim's
Lunch sized snacks: popcorn, pretzels, peanuts, crackers, potato chips
Protein bars and protein powder
Microwave ready food: ravioli, mac & cheese, Spaghetti-O's, soup, chili
Salsa and dips in cans, Jif-to-Go
Energy shots, espresso packets
Drink mix packets for water bottles
Coffee in bags, K-cups
Sugar & sweetener packets
Powdered coffee creamer
Food seasoning & sauces

Personal Care Items

Travel size toiletries, not large sizes: shampoo, conditioner, lotion, Q-tips, toothpaste, mouthwash, toothbrushes, chap sticks, Gold Bond powder, facial moisturizer, Kleenax packs, soap, eye drops, deodorant, bathroom wipes
Razors with 3 (or more) blades
Shaving cream in tubes or jars. (We are not permitted to ship aerosol spray cans.)
Boxer briefs, size M and L
Ladies boy shorts or panties, size M and L
Dark color crew length socks
Tylenol, Advil, Motrin, Midol
Hand, feet and toe warmers

****Please drop off at one of our community Drop Box locations on or before November 15, 2023 or contact the Project Manager to schedule a large drop-off. CarePackageMoM@gmail.com. The sooner, the better!***

If you have late donations, hold until after the 1st of the year. They will NOT arrive In time for the holidays.